

Our Dementia Cafés are now in your area.

If you have dementia or are caring for someone living with dementia, our Dementia Café maybe ideal for you.

You will be able to meet friendly and supportive people living with dementia and spend time sharing information, experiences and take part in fulfilling activities.

Banbridge – Every Tuesday 11am - 1pm

Armagh – Every Wednesday 1pm - 3pm

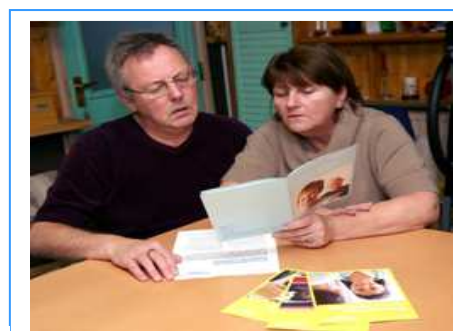
Kilkeel – Every Thursday 11am - 1pm

- This service is for people diagnosed with dementia and their carer
- Refreshments will be provided
- Independent information on dementia, support and signposting of the services available

If you would like more information on our Dementia Cafés please contact us on 028 3025 6057

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**National Dementia
Helpline
0300 222 1122**

alzheimers.org.uk